

Springfield Orthopaedic & Sports Medicine Institute
Lower Extremity Assessment

Patient Name: _____ Date: _____

Birth Date: _____ Occupation: _____

INVOLVED EXTREMITY:

HIP KNEE ANKLE FOOT / RIGHT LEFT BOTH

Was there an injury? YES NO Date of Injury: _____

Were you injured at work? YES NO If not, where? _____

Describe what happened in detail:

Primary Care Doctor's Name _____

Who Referred You To Us? _____

Please Circle Answers Below

Additional information related to your lower extremity problem:

Quality: Aching Boring Pins/Needles Sharp Sore Stabbing Stinging Throbbing
Other: _____

Severity: Mild Moderate Severe

Rate the Pain: (No pain) 0---1---2---3---4---5---6---7---8---9---10 (Severe pain)

Does this pain affect your sleep? YES NO

Do you have: Radiating pain Numbness Tingling

Functional Impairment: Mild Mild-Moderate Moderate Severe/Disabling

Are you currently in pain? YES NO When did it start? Days _____ Weeks _____ Months _____ Years _____

Aggravating Factors: Climbing Stairs Running Squatting Sports Other _____

Relieving Factors: Cold Heat Massage Other: _____

Joint Symptoms: Grinding Giving Away Instability Locking Looseness Loss of Motion Popping Swelling

Tender to Touch Other _____

Previous Treatment for this problem?: YES NO If so, what? _____
