

# Springfield Orthopaedic & Sports Medicine Institute

## Upper Extremity Assessment

Patient Name: \_\_\_\_\_ Date \_\_\_\_\_

Birth Date: \_\_\_\_\_ Occupation: \_\_\_\_\_

### INVOLVED EXTREMITY

SHOULDER      ELBOW      WRIST      HAND /      RIGHT      LEFT      BOTH

Was there an injury?      YES      NO      Date of Injury \_\_\_\_\_

Were you injured at work?      YES      NO      If not, where? \_\_\_\_\_

Describe what happened in detail:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Primary Care Doctor's Name \_\_\_\_\_

Who Referred You To Us? \_\_\_\_\_

#### Please Circle Answers Below

Additional information related to your upper extremity problem:

Quality:      Aching      Boring      Pins/Needles      Sharp      Sore      Stabbing      Stinging      Throbbing  
 Other: \_\_\_\_\_

Severity:      Mild      Moderate      Severe

Rate the Pain:      (No pain)      0----1----2----3----4----5----6----7----8----9----10      (Severe pain)

Does this pain affect your sleep?      YES      NO

Do you have:      Radiating pain      Numbness      Tingling

Functional Impairment:      Mild      Mild-Moderate      Moderate      Severe/Disabling

Are you currently in pain?      YES      NO      When did it start?      Days \_\_\_\_\_ Weeks \_\_\_\_\_ Months \_\_\_\_\_ Years \_\_\_\_\_

Aggravating Factors:      Overhead lifting      Repetitive lifting      Sports      Other \_\_\_\_\_

Relieving Factors:      Cold      Heat      Massage      Other: \_\_\_\_\_

Joint Symptoms:      Grinding      Giving Away      Instability      Locking      Looseness      Loss of Motion      Popping      Swelling

Tender to Touch      Other \_\_\_\_\_

Previous treatment for this problem?      YES      NO      Of so, what? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_