

Springfield Orthopaedic & Sports Medicine Institute
Lower Extremity Assessment

Patient Name: _____ Date: _____

Birth Date: _____ Occupation: _____

INVOLVED EXTREMITY:

HIP KNEE ANKLE FOOT / RIGHT LEFT BOTH

Was there an injury? **YES NO** Date of Injury: _____

Were you injured at work? **YES NO** If not, where? _____

Describe what happened in detail:

Primary Care Doctor's Name _____

Who Referred You To Us? _____

Please Circle Answers Below

Additional information related to your lower extremity problem:

Quality: **Aching Boring Pins/Needles Sharp Sore Stabbing Stinging Throbbing**
Other: _____

Severity: **Mild Moderate Severe**

Rate the Pain: (No pain) **0----1----2----3----4----5----6----7----8----9----10** (Severe pain)

Does this pain affect your sleep? **YES NO**

Do you have: **Radiating pain Numbness Tingling**

Functional Impairment: **Mild Mild-Moderate Moderate Severe/Disabling**

Are you currently in pain? **YES NO** When did it start? Days _____ Weeks _____ Months _____ Years _____

Aggravating Factors: **Climbing Stairs Running Squatting Sports Other** _____

Relieving Factors: **Cold Heat Massage Other:** _____

Joint Symptoms: **Grinding Giving Away Instability Locking Looseness Loss of Motion Popping Swelling**

Tender to Touch Other _____

Previous Treatment for this problem?: **YES NO** If so, what? _____
